

SECOND

International Congress on Sports Cardiology
and Preventive Cardiovascular Medicine



SPORT & HEART

...from science to clinical practice...

Chairman
Co-Chairman

Luigi Sciarra
Alessio Borrelli, Silvio Romano, Antonio Scarà

ROME

2026

november 19th/20th/21nd

CONGRESS
VENUE

Roma Eventi
Piazza di Spagna
Via Alibert, 5/a



Chairman

Luigi Sciarra

Co-Chairmen

Alessio Borrelli - Silvio Romano - Antonio Scarà

Scientific Team

**Paolo Emilio Adami, Giuseppe Bagliani, Elena Cavarretta,
Flavio D'Ascenzi, Antonio Dello Russo, Gherardo Finocchiaro,
Liuba Fusco, Renata Petroni, Fabrizio Ricci, Alessandro Zorzi**

Organizing Committee

**Elena Cavarretta, Gabriele De Masi De Luca,
Martina Nesti, Zefferino Palamà, Leonardo Pignalosa,
Antonio Gianluca Robles, Federico Zanin**

Organizing Agency

CONGRESS LINE


Via Valsugana, 34 – 00141 Roma
Tel. +39 06.44.241.343 • +39 06.39.742.176
E.mail: congressline@congressline.net
www.congressline.net

PROVIDER STANDARD ECM 2477

november 19th

- 13.00 Registration
- 14.00-15.30 **SYMPOSIUM**
Diagnostics in Sports cardiology - part 1
Chair **M.R. Squeo, F. Brancati, A. Russo**
- 14.00 ECG monitoring devices in Sports cardiology
A. Borrelli
- 14.15 Echocardiogram in the sportsman: all clear?
A. D'Andrea
- 14.30 Genetic testing in sports cardiology: why and when
A. Anwar Chahal
- 14.45 The Exercise Stress Test: Outdated Technique or Revived Role in Sports Cardiology?
G. Patrizi
- 15.00 Round Table
V. Montemurro, S. Romano
A. Curcio, S. Nodari
- 16.00 Break

november 19th

- 
- LECTURE**
- 16.30 Myocarditis in sports cardiology:
what we need to know
G. Sinagra
L. Sciarra
- Introduces
- 17.00-18.15 **SYMPOSIUM**
Hot Topics in Sports cardiology –part 1
Chair: **G. Frati, V. Palmieri, S. Sciarretta**
- 17.00 The paralympic athlete in the third millennium
M. Bernardi
- 17.15 Atrial fibrillation in master athletes:
a complex relationship?
A. Scarà
- 17.30 Artificial intelligence in Sports Cardiology:
between present and future
S. Palermi
- 17.45 Discussion

november 19th

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- 18.15-19.30 **SYMPOSIUM**
Lessons from clinical practice
Chair **H. Seligman, P. Adami, U. Berrettini**
- 18.15 Bicuspid aortic valve and sport
L. Fusco
- 18.25 Subcutaneous ICD and Sport
M. Nesti
- 18.35 Cardiac remodelling: the "Olympic athlete".
G. Di Gioia
- 18.45 Exercise in cardio-oncology
A. Romeo
- 18.55 Athlete with mitral valve prolapse
L. Buzzelli
- 19.05 Comments and round table
E. Guerra, F. Zanin, A. D'Adamo

november 20th

- 09.00-10.30 **SYMPOSIUM**
Dilemmas in Sports Cardiology
Chair: **G. Bagliani, R. Della Bona, M. Penco**
- 09.00 Physiological or pathological hypertrophy:
how to orientate?
A. Pelliccia
- 09.15 Brugada Syndrome and Brugada sign are
synonymous? How to stratify the risk in
the sportsman?
A. Scarà
- 09.30 Secondary prevention of sudden death in athletes:
state of the art
V. Castelli
- 09.45 Non ischaemic/non dilated cardiomyopathy or left
ventricular non-ischaemic scar?
A. Zorzi
- 10.00 Discussion
- 10.30 Welcome messages and opening of the congress
- 11.00 Break

november 20th

- LECTURE**
- 11.30 Congenital anomalies of coronary arteries:
why to know them
P. Zeppilli
Introduces **M. Bianco**
- 12.00-13.30 **SYMPOSIUM**
Drugs and risk reduction in sportsmen:
an update - part 1
Chair: **C. Ferri, D. Vizza, L. Mos**
- 12.00 Antihypertensive therapy and physical activity
S. Romano
- 12.15 Dyslipidaemia: between diet, nutraceuticals, drugs
and physical activity
M. Piepoli
- 12.30 Obesity: how to manage?...about drugs, surgery and
physical activity
R. Petroni
- 12.45 Diabetes and Sport: what to do?
M. Baroni
- 13.00 Discussion

november 20th

13.30-15.00

LUNCHEON PANEL

Technology in Sports cardiology

Chair

L. Calò, G. Paparella, L. Capulzini

13.30

Telemedicine: fact or myth

M. Bocchino

13.45

Haemodynamic forces: a novel insight into the athlete's heart

V. Maestrini

14.00

The new era of subcutaneous ICD in active patients

J. Ramos

14.15

Remote monitoring of implantable devices in physically active subjects

L. Santini

14.30

Discussion

G. Spiriti

november 20th

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- 15.00-16.30 **SYMPOSIUM**
Pre-participation screening in the third millennium
Chair **L. Sciarra, M. Scorcu, M. Halle**
- 15.00 Possible pitfalls of universal ECG screening in Sport
A. Baggish
- 15.15 Forty-five years of screening: the Italian experience
A. Biffi
- 15.30 Sudden cardiac arrest: insights from a video analysis
J. Drezner
- 15.45 Single or serial evaluation in young athletes?
M. Papadakis
- 16.00 Discussion and round table
G. Meringolo, F. Zanin, G. Riccardi
- 16.30 Break

november 20th

- LECTURE**
- 17.00 Arrhythmogenic cardiomyopathy: what we learnt and what we have to learn
D. Corrado
Introduces **L. Sciarra, A. Zorzi**
- 17.30-19.00 **SYMPOSIUM**
Exercise prescription in cardiovascular medicine
Chair: **S. Romano, I. Porto, F. Cecchi**
- 17.30 Ischaemic heart disease and sudden death prevention in Sport
S. Sharma
- 17.45 Exercise prescription in hypertrophic cardiomyopathy: why, how and when?
F. D'Ascenzi
- 18.00 Arrhythmogenic cardiomyopathy: is there a space for exercise?
G. Finocchiaro
- 18.15 Heart failure: embedding drugs and exercise
M. Halle
- 18.30 Discussion and round table
L. Cavigli, A. Bina, Z. Palamà

november 21st

- 09.00-10.30 **SYMPOSIUM**
Sport, arrhythmias and electrophysiology
Chair **A. Pernat, A. Dello Russo, R. De Ponti**
- 09.00 Electrophysiological study and electroanatomical mapping in the sportsman: when, how and why?
P. Compagnucci
- 09.15 Atrial fibrillation ablation in the young: the PFA scenario
J. Chun
- 09.30 The wearable cardioverter defibrillator: results of a European Heart Rhythm Association Survey
F. Migliore
- 09.45 Are all non ischaemic left ventricular scar at high risk in athletes? Can we identify the arrhythmogenic ones?
F. Ricci
- 10.00 Discussion
- LECTURE**
- 10.30 The Long QT syndrome
P. Schwartz
Introduces: **L. Sciarra**
- 11.00 Break

november 21st

- 11.30-13.15 **SYMPOSIUM**
Sports Cardiology: old and new issues
Chair **G. Di Pasquale, S. Gallina, A.V. Mattioli**
- 11.30 Early repolarization: benign feature of the athlete's heart or malign predictor
C. Bezzina
- 11.45 The right ventricle in sports cardiology from physiology to patho physiology
B. Bauce
- 12.00 Mitral valve prolapse: innocent finding or sudden death predictor?
M. Perazzolo Marra
- 12.15 Ventricular premature beats in athletes: how to orientate?
L. Sciarra
- 12.30 The female athlete's heart: facts and fallacies
E. Cavarretta
- 12.45 Discussion

november 21st

13.15-14.30

LUNCHEON PANEL

Drugs and risk reduction in sportsmen:
an update - part 2

Chair

M. Grimaldi, R. Pescatori, G. Catena

13.15

Smoke in sport: all clear?

G. De Masi De Luca

13.30

New drugs in myocardial diseases:
their impact in real life

B. Musumeci

13.45

Inappropriate sinus tachycardia in sportsmen: is
there a role for nutraceuticals?

L. Pignalosa

14.00

Discussion

november 21st

- 14.30-16.00 **SYMPOSIUM**
Diagnostics in Sports Cardiology - part 2
Chair **M. Francone, E. Di Cesare, M. Casella**
- 14.30 Coronary CT scan
D. Andreini
- 14.45 Cardiac magnetic resonance imaging
M. Di Roma
- 15.00 Between athlete's heart and dilated
cardiomyopathies: insights from imaging and
Cardiopulmonary exercise testing
F. Schnell
- 15.15 Asymptomatic athletes with ventricular
preexcitation: ablation for everyone? how to
stratify the risk?
A.G. Robles
- 15.30 Discussion

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- 16.00-17.30 **SYMPOSIUM**
Hot topics in Sport Cardiology - part 2
Chair **M. Santomauro, V. Panoulas, E. Barbato**
- 16.00 Pacemakers, implantable defibrillators and sport
F. Giada
- 16.15 Patent foramen ovalis: when to close it
G. Ussia
- 16.30 Aortic valve diseases in Sports Cardiology:
how to manage?
S. Caselli
- 16.45 Long-term sport practise, bradycardia and
pacemaker implantation: is there a relationship?
S. Bondarev
- 17.00 Myocardial bridging: innocent finding or dangerous
condition?
D. D'Amario
- 17.15 Discussion
- 17.30 Congress Closing

Mini-Course

Friday 20th 09.00-12.30

SALA RAFFAELLO

Elettrocardiologia di precisione in "Cardiologia dello sport":
partiamo dall'ECG

Precision electrocardiology in "Sports Cardiology":
let's start from ECG

In collaboration with the Italian Society of Electrocardiography - SIECG

Introduces
Chair

L. Sciarra
G. Bagliani, V. Carbone, A. Borrelli

09.30

Giunzione atrio-ventricolare: dall'anatomia alla
fisiologia e alla fisiopatologia

*Atrio-ventricular junction: from anatomy to
physiology to patho-physiology*

G. Bagliani

10.00

Le fibrillazioni atriali negli sportivi:
sono tutte uguali?

Atrial fibrillations in sportsmen: all the same?

M. Costantini

10.30

La giungla della ripolarizzazione precoce e
delle J wave syndromes... come orientarsi
*The jungle of early repolarization and j wave
syndromes... how to orientate*

F. Notaristefano

11.00

Tachicardie sopraventricolari: diagnosi
differenziale all'ECG

*Sopraventricular tachycardias: differential diagnosis at
ECG*

D. Catanzariti

11.30

Aritmie ventricolari negli sportivi: il ruolo dell'ECG nel
guidare il percorso diagnostico

*Ventricular arrhythmias in sportsmen: the role of ECG
to guide the diagnostic workflow*

A. Scarà

12.00

Aritmie nel paziente pediatrico cosa ci può dire l'ECG?
Arrhythmias in pediatric patients: what ECG can tell us?

M. Silvetti

12.30

Considerazioni conclusive
Closing remarks

V. Carbone

13.00

CME questionnaires

Mini-Course

Friday 20th 15.00-18.30

SALA RAFFAELLO

- Chair: **Ecocardiografia in Crdiologia dello Sport**
Echocardiography in Sports Cardiology
G. Renda, R. Petroni, Antonio D'Aleo
- 15.00 **Elementi fondamentali dello studio morfologico e funzionale del cuore**
Fundamental elements of the morphological and functional study of the heart
R. Petroni
- 15.30 **Le valvulopatie e le protesi valvolari in ecocardiografia**
Heart valve diseases and prosthetic valves in echocardiography
F. Zanin
- 16.00 **Ecocardiografia da stress**
Stress echocardiography
S. Palermo
- 16.30 **Ecocardiografia transesofagea: elementi di base**
Trans-esophageal echocardiography: fundamental elements
O. Vriz
- 17.00 **Ecocardiografia nei pazienti pediatrici**
Echocardiogram in pediatric patients
G. Renda
- 17.30 **Come vedere le arterie coronarie all'ecocardiogramma**
How to see coronary arteries at echocardiogram
F. Di Paolo
- 18.00 **Considerazioni conclusive**
Closing remarks
A. D'Aleo
- 18.15 **Discussione interattiva**
Interactive discussion
- 18.30 **CME questionnaires**

Mini-Course

Saturday 21st 09.30-12.30

SALA RAFFAELLO

- Chair: Imaging avanzato in Cardiologia dello Sport
Advanced imaging in Sports Cardiology
D. Andreini, M. Chiocchi, M. Di Roma
- 09.30 La RM cardiaca: up-to-date
Cardiac MRI: an up-to-date
M. Di Roma
- 10.00 Il mappaggio elettroanatomico: perchè,
come e quando
Electroanatomic mapping: why, how and when
A. Scarà
- 10.30 Imaging multimodale in Cardiologia dello Sport
Combined multimodality imaging in sports cardiology
F. Nudi
- 11.00 La TC coronarica nella stratificazione del rischio in
Cardiologia dello Sport
Coronary CT in risk stratification in Sports Cardiology
D. Andreini
- 11.30 Ruolo della TC coronarica dopo rivascolarizzazione
coronarica
Role of coronary CT after coronary revascularization
V. Valenti
- 12.00 Discussione interattiva
Interactive discussion
- 12.30 CME questionnaires

Faculty

- Adami E.P. (Munich-D)
Andreini D. (Milan, I)
Anwar A. Chahal (York, PA, USA)
Baggish A. (Lausanne, CH)
Bagliani G. (L'Aquila, I)
Barbato E. (Rome, I)
Baroni M. (L'Aquila, I)
Bauce B. (Padua, I)
Bernardi M. (Rome, I)
Berrettini U. (Civitanova Marche, I)
Bezzina C. (Amsterdam, NL)
Bianco M. (Rome, I)
Biffi A. (Rome, I)
Bina A. (Cagliari, I)
Bocchino M. (Rome, I)
Bondarev S. (Padua, I)
Borrelli A. (Rome, I)
Brancati F. (L'Aquila, I)
Buzzelli L. (Rome, I)
Calò L. (Rome, I)
Capulzini L. (Bruxelles, B)
Carbone V. (Naples, I)
Casella M. (Ancona, I)
Caselli S. (Zurich, CH)
Castelletti S. (Udine, I)
Castelli V. (Rome, I)
Catanzariti D. (Rovereto, I)
Catena G. (Teramo, I)
Cavarretta E. (Rome, I)
Cavigli L. (Siena, I)
Cecchi F. (Florence, I)
Chiocchi M. (Rome, I)
Chun J. (Frankfurt, G)
Compagnucci P. (Ancona, I)
Corrado D. (Padua, I)
Costantini M. (Lecce, I)
Curcio A. (Rende, I)
D'Adamo A. (Francavilla Fontana, I)
D'Aleo Antonio (Modica, I)
D'Amario Domenico (Novara, I)
D'Andrea A. (Nocera Inferiore, I)
D'Ascenzi F. (Siena, I)
De Ponti R. (Varese, I)
Della Bona R. (Genoa, I)
Dello Russo A. (Ancona, I)
Di Cesare E. (L'Aquila, I)
Di Gioia G. (Rome, I)
Di Paolo F. (Rome, I)
Di Pasquale G. (Bologna, I)
Di Roma M. (Rome, I)
Delise P. (Mestre, I)
De Masi De Luca G. (Maglie, I)
Drezner J. (Seattle, USA)
Ferri C. (L'Aquila, I)
Finocchiaro G. (London, UK)
Francone M. (Rome, I)
Fрати G. (Rome, I)
Fusco L. (London, UK)
Gallina S. (Chieti, I)
Franco Giada (Venice, I)

Faculty

- Grimaldi M. (Aquaviva delle Fonti, I) Ramos J. (Zaragoza, E)
Guerra E. (Rome, I) Renda G. (Chieti, I)
Halle M. (Munich, D) Riccardi G. (Naples, I)
Maestrini V. (Rome, I) Ricci F. (Chieti, I)
Mattioli A.V. (Bologna, I) Robles A. G. (Bari, I)
Meringolo G. (Cosenza, I) Romano S. (L'Aquila, I)
Migliore F. (Padua, I) Romeo A. (Rome, I)
Montemurro V. (Scilla, I) Russo A. (Naples, I)
Mos L. (S. Daniele del Friuli, I) Santini L. (Rome, I)
Musumeci B. (Rome, I) Santomauro M. (Naples, I)
Nesti M. (Pisa, I) Scarà A. (Rome, I)
Nodari S. (Brescia, I) Schnell F. (Rennes, F)
Notaristefano F. (Perugia, I) Schwartz P. (Milan, I)
Nudi F. (Rome, I) Sciarra L. (L'Aquila, I)
Palamà Z. (Taranto, I) Sciarretta S. (Latina, I)
Palermi S. (Rome, I) Scorcu M. (Cagliari, I)
Palmieri V. (Rome, I) Seligman H. (London, UK)
Panoulas V. (London, UK) Silveti M. (Rome, I)
Papadakis M. (London, UK) Sinagra G. (Trieste, I)
Paparella G. (Bruxelles, B) Sharma S. (London, UK)
Patrizi G. (Carpi, I) Spiriti G. (Rome, I)
Pelliccia A. (Rome, I) Squeo M.R. (Rome, I)
Penco M. (L'Aquila, I) Ussia G. (Rome, I)
Perazzolo Marra M. (Padua, I) Valenti V. (Latina, I)
Pernat A. (Ljubljana, SL) Vizza D. (Rome, I)
Pescatori R. (S. Margher. Ligure, I) Vríz Olga (San Daniele del Friuli, I)
Petroni R. (Avezzano, I) Zanin F. (Rome, I)
Piepoli M. (Milan, I) Zeppilli P. (Rome, I)
Pignalosa L. (Rome, I) Zorzi A. (Padua, I)
Porto I. (Genoa, I)

GENERAL INFORMATION



CONGRESS VENUE

ROMA EVENTI Piazza di Spagna Via Alibert, 5/a - Rome, Italy



SECRETARIAT

The Secretariat will be operative at the Congress venue from 14.00 on Thursday November 19th 2026, throughout the Event.



OFFICIAL LANGUAGE

English - Italian

Simultaneous translation will be provided for the entire Congress.

I minicorsi si svolgeranno in Italiano

Enrollment before the 22 October 2026

SIECG, SICSPORT, and FMSI Members	Registration FREE
Trainees/Fellows and medical doctors under 35 years of age	Free
No Members	€ 130,00
Mini-Course Precision Elettrocardiology...	Friday € 61,00
Mini-Course Advanced imaging...	Friday € 61,00
Mini-Course Echocardiography...	Saturday € 61,00

Enrollment after the 22 October 2026

SIECG, SICSPORT, and FMSI Members	Registration FREE
Trainees/Fellows and medical doctors under 35 years of age	Free
No Members	€ 180,00
Mini-Course Precision Elettrocardiology...	Friday € 97,60
Mini-Course Advanced imaging...	Friday € 97,60
Mini-Course Echocardiography...	Saturday € 97,60

VAT 22% is included

Mini-Course max 25 participants

GENERAL INFORMATION

Registration fees include:

- Attendance to all scientific sessions
- Entrance to the exhibition area
- Attendance certificate
- Badge and congress kit



HOW TO REGISTER

The Organizing Secretariat must receive one completed registration per participant and the corresponding payment in Euro by the given deadlines:

congressline@congressline.net

by 22/10/2026

Accepted payments methods are:

- bank transfer to a/c no. 000029475288 payable to CONGRESS LINE
c/o Unicredit Bank - Agency: Rome

IBAN IT97 0 02008 05122 000029475288

Refund of the registration fee will be granted if notification of cancellation reaches the Organizing Agency before 30th October. Cancellations received after this date will not be entitled to any refund. Any change of holder of membership in the Congress, announced three days before, will be subject to a penalty equal to € 40.00 + VAT 22%.

CREDITS - CME

This program has been submitted for CME accreditation to the italian national commission for Continuing Medical Education in

GENERAL INFORMATION

compliance with the procedures indicated by the Italian Ministry of Health.

Credits were requested for:

Medical Doctor: Cardiology; Sports Medicine; Emergency Medical Doctor; Physical Medicine and Rehabilitation; Internal Medicine; Geriatrics; Radiodiagnostics; Food Science; Cardiac Surgery; General Practitioners.

If the participant does not participate to the entire duration of the Congress, they will not be entitled to acquire any educational credits

ACQUISITION OF EDUCATIONAL CREDITS

To obtain educational credits it is essential:

- to participate to the entire duration of the Congress;
- correctly answer at least 75% of the questions;
- make sure that the electronic detection emits the acoustic signal for successful registration;
- return, at the end of the Congress, the CME questionnaires, the evaluation forms of the event, duly completed and signed, and the badge to the Secretariat.

PARTICIPATION

You can access the congress area, the exhibition area and scientific sessions, only if you have a regular registration. For safety and regulatory reasons, badges must always be visible during the Congress. In case of loss, a new badge will be issued upon payment of € 15,00.

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CERTIFICATES OF ATTENDANCE

A certificate for the actual attendance at the Congress will be issued to all regularly registered participants who apply to the secretariat.



TECH-HELP DESK

All the rooms will be equipped with a video projector connected to the PC. To avoid interface problems with the projector the use of your PC is absolutely not allowed. The projection material (USB or CD prepared with the Power Point program for Windows) must be delivered to the tech-help desk one hour before the beginning of the Session.



TECHNICAL-SCIENTIFIC EXHIBITION

A technical-scientific exhibition will be set up during the Congress and will be officially open at 09.00 on Thursday 16.00 on 17th\ November.



TELEPHONES AND CAMERAS

It is forbidden to use mobile phones inside the conference rooms.



NO SMOKING

Smoking is prohibited throughout the Congress area.

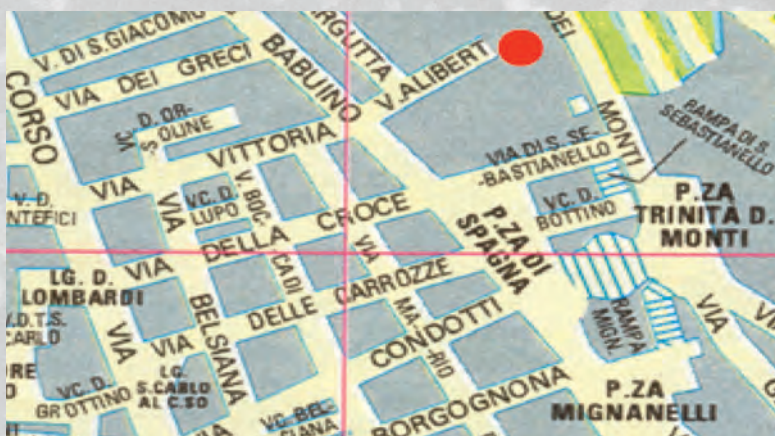


CLOAKROOM

Cloakroom service is located in the secretarial area, following the congress opening hours.

GENERAL INFORMATION

HOW TO REACH THE CONGRESS VENUE



METRO:
LINE A - METRO STOP SPAGNA

BY CAR:
PARKING VILLA BORGHESE
VIALE DEL GALOPPATOIO, 33

ORGANIZING AGENCY

CONGRESS LINE

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