SECOND

International Congress on Sports Cardiology and Preventive Cardiovascular Medicine

SPORT & HEART

...from science to clinical practice...

Chairman: Luigi Sciarra

Co-Chairman: Alessio Borrelli, Silvio Romano, Antonio Scarà

ROME 2026

november 19th/20th/21nd

CONGRESS VENUE

Roma Eventi
Piazza di Spagna
Via Alibert, 5/a

Chairman

Luigi Sciarra

Co-Chairmen

Alessio Borrelli - Silvio Romano - Antonio Scarà

Scientific Team

Paolo Emilio Adami, Giuseppe Bagliani, Elena Cavarretta, Flavio D'Ascenzi, Antonio Dello Russo, Gherardo Finocchiaro, Liuba Fusco, Renata Petroni, Fabrizio Ricci, Alessandro Zorzi

Organizing Committee

Elena Cavarretta, Gabriele De Masi De Luca, Martina Nesti, Zefferino Palamà, Leonardo Pignalosa, Antonio Gianluca Robles, Federico Zanin

Organizing Agency

CONGRESS LINE
Via Valsugana, 34 – 00141 Roma
Tel. +39 06.44.241.343 • +39 06.39.742.176
E.mail: congressline@congressline.net
www.congressline.net

PROVIDER STANDARD ECM 2477

november 19th

13.00	Registration
14.00-16.00	**SYMPOSIUM** Diagnostics in Sports cardiology - part 1
Chair	**M.R. Squeo, F. Brancati, A. Russo**
14.00	ECG monitoring devices in Sports cardiology **A. Borrelli**
14.15	Echocardiogram in the sportsman: all clear? **A. D'Andrea**
14.30	Genetic testing in sports cardiology: why and when **A. Anwar Chahal**
14.45	The Exercise Stress Test: Outdated Technique or Revived Role in Sports Cardiology? **G. Patrizi**
15.00	Round Table **V. Montemurro, S. Romano** **A. Curcio, S. Nodari**
16.00	Break

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LECTURE

16.30 Myocarditis in sports cardiology: what we need to know
G. Sinagra

Introduces **L. Sciarra**

17.00-18.15 **SYMPOSIUM**
Hot Topics in Sports cardiology –part 1

Chair: **G. Frati, V. Palmieri, S. Sciarretta**

17.00 The paralympic athlete in the third millennium
M. Bernardi

17.15 Atrial fibrillation in master athletes: a complex relationship?
A. Scarà

17.30 Electrical therapy and exercise in advanced heart failure: fact or fiction?
A. Borrelli

17.45 Discussion

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18.15-19.30	**SYMPOSIUM** Lessons from clinical practice
Chair	**F. Cecchi, P. Adami, U. Berrettini**
18.15	Bicuspid aortic valve and sport **L. Fusco**
18.25	Subcutaneous ICD and Sport **M. Nesti**
18.35	Cardiac remodelling: the "Olympic athlete". **G. Di Gioia**
18.45	Exercise in cardio-oncology **A. Romeo**
18.55	Athlete with mitral valve prolapse **L. Buzzelli**
19.05	Comments and round table **E. Guerra, F. Zanin, A. D'Adamo, S. Lino**

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09.00-10.30	**SYMPOSIUM** Dilemmas in Sports Cardiology
Chair:	**G. Bagliani, R. Della Bona, M. Penco**
09.00	Physiological or pathological hypertrophy: how to orientate? **A. Pelliccia**
09.15	Brugada Syndrome and Brugada sign are synonymous? How to stratify the risk in the sportsman? **A. Scarà**
09.30	Secondary prevention of sudden death in athletes: state of the art **V. Castelli**
09.45	Non ischaemic/non dilated cardiomyopathy or left ventricular non-ischaemic scar? **A. Zorzi**
10.00	Discussion
10.30	Welcome messages and opening of the congress
11.00	Break

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LECTURE

11.30 Congenital anomalies of coronary arteries: why to know them
P. Zeppilli

Introduces **M. Bianco**

12.00-13.30 **SYMPOSIUM**
Drugs and risk reduction in sportsmen: an update - part 1

Chair: **C. Ferri, D. Vizza, L. Mos**

12.00 Antihypertensive therapy and physical activity
S. Romano

12.15 Dyslipidaemia: between diet, nutraceuticals, drugs and physical activity
M. Piepoli

12.30 Obesity: how to manage?...about drugs, surgery and physical activity
R. Petroni

12.45 Diabetes and Sport: what to do?
M. Baroni

13.00 Discussion

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13.30-15.00	**LUNCHEON PANEL** Technology in Sports cardiology
Chair	**L. Calò, G. Paparella, L. Capulzini**
13.30	Telemedicine: fact or myth **M. Bocchino**
13.45	Haemodynamic forces: a novel insight into the athlete's heart **V. Maestrini**
14.00	The new era of subcutaneous ICD in active patients **J. Ramos**
14.15	Remote monitoring of implantable devices in physically active subjects **L. Santini**
14.30	Artificial intelligence in Sports Cardiology: between present and future **S. Palermi**
14.45	Discussion **M. De Maio, F. Sciarra, G. Spiriti**

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15.00-16.30	**SYMPOSIUM** Pre-participation screening in the third millenium
Chair	**L. Sciarra, M. Scorcu, M. Halle**
15.00	Possible pitfalls of universal ECG screening in Sport **A. Baggish**
15.15	Forty-five years of screening: the Italian experience **A. Biffi**
15.30	Single or serial evaluation in young athletes? **M. Papadakis**
15.45	Discussion and round table **G. Meringolo, F. Zanin, G. Riccardi**
16.30	Break

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LECTURE

17.00 Arrhythmogenic cardiomiopathy: what we learnt and what we have to learn
D. Corrado

Introduces **L. Sciarra, A. Zorzi**

17.30-19.00 **SYMPOSIUM**
Exercise prescription in cardiovascular medicine

Chair: **S. Romano, I. Porto**

17.30 Ischaemic heart disease and sudden death prevention in Sport
S. Sharma

17.45 Exercise prescription in hypertrophic cardiomyopathy: why, how and when?
F. D'Ascenzi

18.00 Arrhythmogenic cardiomyopathy: is there a space for exercise?
G. Finocchiaro

18.15 Heart failure: embedding drugs and exercise
M. Halle

18.30 Discussion and round table
L. Cavigli, A. Bina, Z. Palamà

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09.00-10.30	**SYMPOSIUM** Sport, arrhythmias and electrophysiology
Chair	**A. Dello Russo, R. De Ponti**
09.00	Electrophysiological study and electroanatomical mapping in the sportsman: when, how and why? **P. Compagnucci**
09.15	Atrial fibrillation ablation in the young: the PFA scenario **A. Borrelli**
09.30	The wearable cardioverter defibrillator: results of a European Heart Rhythm Association Survey **F. Migliore**
09.45	Are all non ischaemic left ventricular scar at high risk in athletes? Can we identify the arrhythmogenic ones? **F. Ricci**
10.00	Discussion **L. Frau, R. Panetta**
	LECTURE
10.30	The Long QT syndrome **P. Schwartz**
Introduces:	**L. Sciarra**
11.00	Break

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11.30-13.15	**SYMPOSIUM** Sports Cardiology: old and new issues
Chair	**G. Di Pasquale, S. Gallina, A.V. Mattioli**
11.30	Early repolarization: benign feature of the athlete's heart or malign predictor **F. Quattrini**
11.45	The right ventricle in sports cardiology from physiology to patho physiology **B. Bauce**
12.00	Mitral valve prolapse: innocent finding or sudden death predictor? **M. Perazzolo Marra**
12.15	Ventricular premature beats in athletes: how to orientate? **L. Sciarra**
12.30	The female athlete's heart: facts and fallacies **E. Cavarretta**
12.45	Discussion

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13.15-14.30	**LUNCHEON PANEL** Drugs and risk reduction in sportsmen: an update - part 2
Chair	**R. Pescatori, G. Catena**
13.15	Smoke in sport: all clear? **G. De Masi De Luca**
13.30	New drugs in myocardial diseases: their impact in real life **B. Musumeci**
13.45	Inappropriate sinus tachycardia in sportsmen: is there a role for nutraceuticals? **L. Pignalosa**
14.00	Discussion

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14.30-16.00	**SYMPOSIUM** Diagnostics in Sports Cardiology - part 2
Chair	**M. Francone, E. Di Cesare, M. Casella**
14.30	Coronary CT scan **D. Andreini**
14.45	Cardiac magnetic resonance imaging **M. Di Roma**
15.00	Between athlete's heart and dilated cardiomyopathies: insights from imaging and Cardiopulmonary exercise testing **F. Schnell**
15.15	Asymptomatic athletes with ventricular preexcitation: ablation for everyone? how to stratify the risk? **A.G. Robles**
15.30	Discussion

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16.00-17.30	**SYMPOSIUM** Hot topics in Sport Cardiology - part 2
Chair	**M. Santomauro, V. Panoulas, E. Barbato**
16.00	Pacemakers, implantable defibrillators and sport **F. Giada**
16.15	Patent foramen ovalis: when to close it **G. Ussia**
16.30	Aortic valve diseases in Sports Cardiology: how to manage? **F. Zanin**
16.45	Long-term sport practise, bradycardia and pacemaker implantation: is there a relationship? **S. Bondarev**
17.00	Myocardial bridging: innocent finding or dangerous condition? **D. D'Amario**
17.15	Discussion
17.30	Congress Closing

Mini-Course

Friday 20th 09.00-12.30 SALA RAFFAELLO

Elettrocardiologia di precisione in
"Cardiologia dello sport": partiamo dall'ECG
Precision electrocardiology in
"Sports Cardiology": let's start from ECG

In collaboration with the Italian Society of Electrocardiography - SIECG

Intoduces	**L. Sciarra**
Chair	**G. Bagliani, V. Carbone, A. Borrelli**
09.30	Le fibrillazioni atriali negli sportivi: sono tutte uguali? *Atrial fibrillations in sportsmen: all the same?* **M. Costantini**
10.00	La giungla della ripolarizzazione precoce e delle J wave syndromes… come orientarsi *The jungle of early repolarization and j wave syndromes… how to orientate* **F. Notaristefano**
10.30	Tachicardie sopraventricolari: diagnosi differenziale all'ECG *Sopraventricular tachycardias: differential diagnosis at ECG* **D. Catanzariti**
11.00	Aritmie ventricolari negli sportivi: il ruolo dell'ECG nel guidare il percorso diagnostico *Ventricular arrhythmias in sportsmen: the role of ECG to guide the diagnostic workflow* **A. Scarà**
11.30	Aritmie nel paziente pediatrico cosa ci può dire l'ECG? *Arrhythmias in pediatric patients: what ECG can tell us?* **M. Silvetti**
12.00	Giunzione atrio-ventricolare: dall'anatomia alla fisiologia e alla fisiopatologia *Atrio-ventricular junction: from anatomy to physiology to patho-physiology* **G. Bagliani**
12.30	Considerazioni conclusive *Closing remarks* **V. Carbone**
13.00	CME questionnaires

Mini-Course

Friday 20th 15.00-18.30 **SALA RAFFAELLO**

Ecocardiografia in Cardiologia dello Sport
Echocardiograpy in Sports Cardiology

Chair: **G. Renda, R. Petroni, A. D'Aleo**

15.00 Ecocardiografia transesofagea: elementi di base
Trans-esophageal echocardiography: fundamental elements
O. Vriz

15.30 Le valvulopatie e le protesi valvolari in ecocardiografia
Heart valve diseases and prosthetic valves in echocardiography
F. Zanin

16.00 Ecocardiografia da stress
Stress echocardiography
S. Palermi

16.30 Elementi fondamentali dello studio morfologico e funzionale del cuore
Fundamental elements of the morphological and functional study of the heart
R. Petroni

17.00 Ecocardiografia nei pazienti pediatrici
Echocardiogram in pedriatic patients
G. Renda

17.30 Come vedere le arterie coronarie all'ecocardiogramma
How to see coronary arteries at echocardiogram
F. Di Paolo

18.00 Considerazioni conclusive
Closing remarks
A. D'Aleo

18.15 Discussione interattiva
Interactive discussion

18.30 CME questionnaires

Mini-Course

Saturday 21st 09.30-12.30 **SALA RAFFAELLO**

Imaging avanzato in Cardiologia dello Sport
Advanced imaging in Sports Cardiology

Chair: **D. Andreini, M. Chiocchi, M. Di Roma**

09.30 La RM cardiaca: up-to-date
Cardiac MRI: an up-to-date
M. Di Roma

10.00 Il mappaggio elettroanatomico: perchè, come e quando
Electroanatomic mapping: why, how and when
A. Scarà

10.30 Imaging multimodale in Cardiologia dello Sport
Combined multimodality imaging in sports cardiology
R. Murzilli

11.00 La TC coronarica nella stratificazione del rischio in Cardiologia dello Sport
Coronary CT in risk stratification in Sports Cardiology
D. Andreini

11.30 Ruolo della TC coronarica dopo rivascolarizzazione coronarica
Role of coronary CT after coronary revascularization
M. Rengo

12.00 Discussione interattiva
Interactive discussion

12.30 CME questionnaires,

Faculty

Adami E.P. (Rome, I)
Andreini D. (Milan, I)
Anwar A. Chahal (York, PA, USA)
Baggish A. (Lausanne, CH)
Bagliani G. (L'Aquila, I)
Barbato E. (Rome, I)
Baroni M. (L'Aquila,I)
Bauce B. (Padua, I)
Bernardi M. (Rome, I)
Berrettini U. (Civitanova Marche, I)
Bianco M. (Rome, I)
Biffi A. (Rome, I)
Bina A. (Cagliari, I)
Bocchino M. (Rome, I)
Bondarev S. (Padua, I)
Borrelli A. (Rome, I))
Brancati F. (L'Aquila, I)
Buzzelli L. (Rome, I)
Calò L. (Rome, I)
Capulzini L. (Bruxelles, B)
Ferri C. (L'Aquila, I)
Finocchiaro G. (London, UK)
Francone M. (Rome, I)
Frati G. (Rome, I)
Frau L. (L'Aquila, I)
Fusco L. (London, UK)
Gallina S. (Chieti, I)
Giada F. (Venice, I)
Guerra E. (Rome, I)
Halle M. (Munich, D)
Lino S. (Rome, I)
Maestrini V. (Rome, I)
Mattioli A.V. (Bologna, I)
Meringolo G. (Cosenza, I)
Migliore F. (Padua, I)
Montemurro V. (Scilla, I)
Mos L. (S. Daniele del Friuli, I)
Murzilli Romina (Avezzano, I)
Musumeci B. (Rome, I)
Nesti M. (Pisa, I)
Nodari S. (Brescia, I)
Notaristefano F. (Perugia, I)
Palamà Z. (Taranto, I)
Palermi S. (Rome, I)
Palmieri V. (Rome, I)
Panetta R. (L'Aquila, I)Panoulas V. (London, UK)
Papadakis M. (London, UK)

Faculty

Paparella G. (Bruxelles, B)
Patrizi G. (Carpi, I)
Pelliccia A. (Rome, I)
Penco M. (L'Aquila, I)
Perazzolo Marra M. (Padua, I)
Pescatori R. (S. Margher. Ligure, I)
Petroni R. (Avezzano, I)
Piepoli M. (Milan, I)
Pignalosa L. (Rome, I)
Porto I. (Genoa, I)
Quattrini F. (Rome, I)
Ramos J. (Zaragoza, E)
Renda G. (Chieti, I)
Rengo M. (roma)
Riccardi G. (Naples, I)
Ricci F. (Chieti, I)
Robles A. G. (Bari, I)
Romano S. (L'Aquila, I)
Romeo A. (Rome, I)
Russo A. (Naples, I)
Santini L. (Rome, I)
Santomauro M. (Naples, I)
Scarà A. (Rome, I)
Schnell F. (Rennes, F)
Schwartz P. (Milan, I)
Sciarra F. (Padua,I)
Sciarra L. (L'Aquila, I)
Sciarretta S. (Latina, I)
Scorcu M. (Cagliari, I)
Silvetti M. (Rome, I)
Sinagra G. (Trieste, I)
Sharma S. (London, UK)
Spiriti G. (Rome, I)
Squeo M.R. (Rome, I)
Ussia G. (Rome, I)
Vizza D. (Rome, I)
Vriz Olga (San Daniele del Friuli, I)
Zanin F. (Rome, I)
Zeppilli P. (Rome, I)
Zorzi A. (Padua, I)

GENERAL INFORMATION

CONGRESS VENUE

ROMA EVENTI Piazza di Spagna Via Alibert, 5/a - Rome, Italy

SECRETARIAT

The Secretariat will be operative at the Congress venue from 14.00 on Thursday November 19th 2026, throughout the Event.

OFFICIAL LANGUAGE

English - Italian

Simultaneous translation will be provided for the entire Congress.
I minicorsi si svolgeranno in Italiano

REGISTRATION FEES

Enrollment before the 22 October 2026

SIECG, SICSPORT, FMSI, no Members			**Registration FREE**
Trainees/Fellows and medical doctors under 35 years of age			**Free**
Mini-Course	Precision Elettrocardiology...	Friday	€ 61,00
Mini-Course	Advanced imaging...	Friday	€ 61,00
Mini-Course	Echocardiograpy...	Saturday	€ 61,00

Enrollment after the 22 October 2026

SIECG, SICSPORT, FMSI, no Members			**Registration FREE**
Trainees/Fellows and medical doctors under 35 years of age			**Free**
Mini-Course	Precision Elettrocardiology...	Friday	€ 97,60
Mini-Course	Advanced imaging...	Friday	€ 97,60
Mini-Course	Echocardiograpy...	Saturday	€ 97,60

VAT 22% is included

Mini-Course max 25 participants

GENERAL INFORMATION

Registration fees include:
- Attendance to all scientific sessions
- Entrance to the exhibition area
- Attendance certificate
- Badge and congress kit

HOW TO REGISTER

The Organizing Secretariat must receive one completed registration per participant and the corresponding payment in Euro by the given deadlines:

congressline@congressline.net **by 22/10/2026**

Accepted payments methods are:
- bank transfer to a/c no. 000029475288 payable to CONGRESS LINE
  c/o Unicredit Bank - Agency: Rome

IBAN IT97 O 02008 05122 000029475288

Refund of the registration fee will be granted if notification of cancellation reaches the Organizing Agency before 30th October. Cancellations received after this date will not be entitled to any refund. Any change of holder of membership in the Congress, announced three days before, will be subject to a penalty equal to € 40.00 + VAT 22%.

CREDITS - CME

This program has been submitted for CME accreditation to the italian national commission for Continuing Medical Education in

GENERAL INFORMATION

compliance with the procedures indicated by the italian Ministry of Health.

Credits were requested for:
Medical Doctor: Cardiology; Sports Medicine; Emergency Medical Doctor; Physical Medicine and Rehabilitation; Internal Medicine; Geriatrics; Radiodiagnostics; Food Science; Cardiac Surgery; General Practitioners.

If the participant does not participate to the entire duration of the Congress, they will not be entitled to acquire any educational credits

ACQUISITION OF EDUCATIONAL CREDITS

To obtain educational credits it is essential:
– to participate to the entire duration of the Congress;
– correctly answer at least 75% of the questions;
– make sure that the electronic detection emits the acoustic signal for successfull registration;
– return, at the end of the Congress, the CME questionnaires, the evaluation forms of the event, duly completed and signed, and the badge to the Secretariat.

PARTICIPATION

You can access the congress area, the exhibition area and scientific sessions, only if you have a regular registration. For safety and regulatory reasons, badges must always be visible during the Congress. In case of loss, a new badge will be issued upon payment of € 15,00.

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CERTIFICATES OF ATTENDANCE

A certificate for the actual attendance at the Congress will be issued to all regularly registered participants who apply to the secretariat.

TECH-HELP DESK

All the rooms will be equipped with a video projector connected to the PC. To avoid interface problems with the projector the use of your PC is absolutely not allowed. The projection material (USB or CD prepared with the Power Point program for Windows) must be delivered to the tech-help desk one hour before the beginningt of the Session.

TECHNICAL-SCIENTIFIC EXHIBITION

A technical-scientific exhibition will be set up during the Congress and will be officially open at 09.00 on Thurday 16.00 on 17th\ November.

TELEPHONES AND CAMERAS

It is forbidden to use mobile phones inside the conference rooms.

NO SMOKING

Smoking is prohibited throughout the Congress area.

CLOAKROOM

Cloakroom service is located in the secretarial area, following the congress opening hours.

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HOTEL ACCOMMODATION

The Organizing Agency provides a very convenient booking accommodation service. Payment will consist in hotel amount plus agency fee of 20 euros. For inquiries: mail

congressline@congressline.net

PAYMENT POLICY

Accepted payment methods are: credits cards, cheques issued by Italian banks and Euro bank transfers. All costs to transmitters' charge. Please, write clearly your full nameon cheque/money orders; a copy of the payment is requested along with the registration and hotel accommodations forms.

Registration and hotel accommodation will be confirmed only upon receipt of the relative payments. The settlement is required to process your reservation. Congress Line will issue a regular invoice for registration (22% VAT inclusive) and hotel accommodation (10% VAT inclusive); therefore, the European VAT code (only for EU countries) is due to be included in the forms.

Please note that VAT could be subject to changes. The VAT rate will be applied depending on the Italian fiscal law at the time of payment.

CANCELLATION TERMS

Any cancellation should be notified in writing to Congress Line and will be subject to the following conditions:

Before 30 October 2026: refund of registration and hotel accommodation is subject to a 30% administrative charge. All refunds will be processed after the Congress.

After 30 October 2026: no refund will be granted.

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HOTEL CATEGORIES

	DUS	DOUBLE
****	245.00	251.00
****	176.00	-
****	196,00	-
***	156,00	-

All prices are breakfast and taxes included. The rates, updated to 1 March 2026, are subject to change in line with inflation.

NOTES

The Scientific and Organizational Secretariat reserves the right to make any changes deemed necessary to the program for scientific and / or technical reasons.

GENERAL INFORMATION

HOW TO REACH THE CONGRESS VENUE

METRO:
LINE A - METRO STOP SPAGNA

BY CAR:
PARKING VILLA BORGHESE
VIALE DEL GALOPPATOIO, 33

ORGANIZING AGENCY

CONGRESS LINE

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